

12 sessions
March 19th – September 24th
Saturdays 1 pm – 2:30 pm

\$180.00 Individual
or \$300.00 Couple

Including all Hand-outs
Free parking

Please call the office at
Glendale Gardens
to register

**Sponsored by
The Government of Canada**



**Growing Knowledge between
Seniors & Families.**



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The Horticulture Centre of the Pacific at Glendale Gardens & Woodland manages 103 acres of land with a stated mission to develop and maintain diverse north Pacific demonstration gardens, designed to educate visitors on good horticulture practices and to provide public enjoyment.

It is a unique environment for horticultural education. The 9 acres of gardens illustrate many of the gardening principles as presented in the educational courses taught at Glendale Gardens.

**Grow it
Cook it
Eat it**

2011



You can
Grow it Cook it Eat it

Is there anything more delicious than a sun ripened tomato picked from your backyard; more delightful than a mix of fresh crisp salad greens harvested from your garden by your children; or anything juicier than a red to the core strawberry plucked from your balcony and dropped into a margarita?

It doesn't matter if you live in an apartment or a house, rent or own; you can grow your own amazing food and it can be easy. Victoria is blessed with an abundance of people with a wealth a food growing knowledge and they are eager to share. The GCE program at Glendale Gardens will connect the local masters to you and your home taking full advantage of the educational facilities of HCP to teach and assist you in growing delicious, nutritious food.

This program includes:

Mentorship by local Seniors both at Glendale Gardens & a

once a month visit to your home.

A Combination of Hands-on & Classroom lessons led by **Horticulturist Linda Petite** will teach best garden practices

The lessons will include propagation, soils, composting, planning & succession planting, crop rotation, organic pest & disease control, container gardening & much more.

Food Preparation by
Local Chefs

The lessons will include knife skills, stock preparation, how to preserve the harvest and much more

Lesson 1- March 19th

This introduction to GCE will include: more produce in less space & with minimal effort, (the definition of how a relaxing chore is not an oxymoron), garden soil & amendments, composting, p.H & site preparation.

Lesson 2- March 26th

Designing your allotted space- whatever the size, styles of vegetable gardening, container & children's gardens

Lesson 3- April 9th

What to plant & where to plant it, seed sowing, direct sowing, transplanting. Old favorites & the new & unusual

Lesson 4- April 16th

Vine, bush fruit & tree fruit- the emphasis is on small spaces & the requirements for a successful harvest

Lesson 5- April 30th

Companion planting- critical to pest management & high yields

Lesson 6- May 7th

Crop rotation to maximize yields & minimize problems with pests & diseases, harvest & preparation of salad greens

Lesson 7th - May 17th

Composting

Lesson 8- June 4th

Planting out in the Glendale Gardens, Tips & varieties of starts available locally

Lesson 9- June 11th

Organic methods of pest & disease control including how to identify the beneficial insects & achieve a balanced environment

Lesson 10- July 9th

General maintenance of the summer garden with a focus on tomatoes, squashes & small fruits

Lesson 11 - August 13th

Planning & planting for the winter/early spring, harvesting, storing & preserving your crops

Lesson 12- Sept. 17th

Preserving your harvest including canning of fruits & vegetables

September 24th Harvest Festival

Come & Celebrate the harvest!

The key to our success is the strength of our relationships. We have many: family, friends, community, nature and we have a very close tie to the food we choose to eat.

Growing your own food not only strengthens all our relationships, it helps form the connections between them. It is our capacity to use & share wisdom that brings us all together.

So, come & join us in the garden for fun & feast.



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